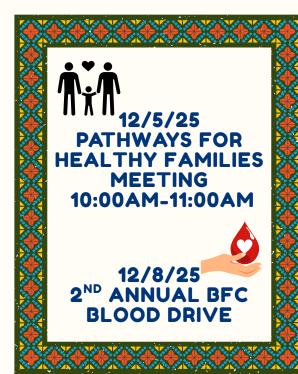
## BFC NEWSLETTER

December 2025

YOUR NERVOUS SYSTEM IS LIKE YOUR BODY'S CHRISTMAS-LIGHT STRING-WHEN THE SPINE IS ALIGNED, EVERYTHING LIGHTS UP THE WAY IT SHOULD. KEEP YOUR 'LIGHTS' SHINING BRIGHT THIS SEASON!



## **HOLIDAY SCHEDULE**

DEC 23 -CLOSED PM
DEC 24-26 CLOSED
DEC 31 - JAN 2

WISHING OUR BFC
FAMILY A
WONDERFUL HOLIDAY
SEASON

