

Bakersfield family Chiropractic NEWSLETTER



September 2025

CELEBRATE WITH US 130 YEARS OF CHIROPRACTIC HELPING PEOPLE MOVE, HEAL, AND FEEL THEIR BEST THROUGH NATURAL, DRUG-FREE CARE!

COME GET ADJUSTED <u>SEPTEMBER 18TH</u> FOR A CHANCE TO WIN A \$130 GIFT CARD OF YOUR CHOICE!

Annual Fair Week Dress
Up at BFC

September 23rd Animal Day

Show up dressed like your favorite show animal OR rock your favorite animal print!

September 24th Best in Show

Bring your "Best in Show" outfit for a chance at a blue ribbon. Think fancy, stylish, and fun!

September 25th Western Wear

Dust off those boots, hats, and jeans—let's go full country western!

Important Dates

September 1st

Closed in observation of Labor Day

September 18th

Celebrating 130 years of Chiropractic

September 22nd

Fair Week Closed for Chiropractic

September 23rd -25th

Fair Dress up Week
Guess what's in the
piggy bank for a chance
to win a prize!



TEAM ADDITIONS



Hexis

Massage Therapist

With over 17 years of experience Alexis now offers:

- <u>Massage Therapy</u>
- Hot Stone Massage
- Cupping Therapy at BFC

Lascos (a)
Chiropractic Assistant

As a nursing student,
Dakota is passionate
about serving her
community at BFC,
sharing her caring
nature, and continuing to
grow her expertise in the
field of health & wellness

