

SHOCKWAVE WORKSHOP

AUGUST 5TH

4:30PM

AUGUST 2025

NATIONAL BOWTIE DAY

BACK TO SCHOOL

FIRST WEEK OF SCHOOL:  
APPLES AND FRUIT SNACKS FOR OUR BFC KIDS AFTER ADJUSTMENT

SUN	MON	TUE	WED	THU	FRI	SAT
					1 8AM-12PM MASSAGE ONLY	2
3	4 8:30AM-12PM 1:30PM-4:30PM	5 7:30AM-11AM 2:30PM-4:30PM	6 8:30AM-12PM 1:30PM-4:30PM	7 8:30AM-12PM 1:30PM-4:30PM	8 8AM-12PM MASSAGE ONLY	9
10	11 8:30AM-12PM 1:30PM-4:30PM	12 7:30AM-11AM 2:30PM-4:30PM	13 8:30AM-12PM 1:30PM-4:30PM	14 8:30AM-12PM 1:30PM-4:30PM	15 8AM-12PM MASSAGE ONLY	16
17	18 8:30AM-12PM 1:30PM-4:30PM	19 7:30AM-11AM 2:30PM-4:30PM	20 8:30AM-12PM 1:30PM-4:30PM	21 8:30AM-12PM 1:30PM-4:30PM	22 8AM-12PM MASSAGE ONLY	23
24	25 8:30AM-12PM 1:30PM-4:30PM	26 7:30AM-11AM 2:30PM-4:30PM	27 8:30AM-12PM 1:30PM-4:30PM	28 8:30AM-12PM 1:30PM-4:30PM	29 8AM-12PM MASSAGE ONLY	30
31	CLOSED HAPPY LABOR DAY					

PATHWAYS MOTHER'S GROUP

AUGUST 22ND 10AM-12PM